



SIMTICS Respiratory Care Module Outlines



## **Contents**

Aerosol Medication Delivery Protocols	3
Arterial Blood Gas Procedures and Interpretation	4
Assist with Bronchoscopy Procedure	5
Oxygen Administration Equipment Recognition	6
Perform Oxygen Administration Protocols	7
Perform Pulmonary Function Testing	8
Proper Airway Procedures During Respiratory Care	9
Proper Suctioning Procedures During Respiratory Care	10
Proper Ventilation Procedures During Respiratory Care	11



# **Aerosol Medication Delivery Protocols**

## Description

This module provides knowledge in the various types of inhaler procedures used to deliver aerosol medications and the appropriate use of each one.

## Learning objectives

- Describe the pre-procedure considerations for metered dose inhaler usage.
- Describe and demonstrate how to perform a metered dose inhaler procedure.
- Describe the pre-procedure considerations for dry powder inhaler usage.
- Describe and demonstrate how to perform a dry powder inhaler procedure.
- Describe the pre-procedure considerations for soft mist inhaler usage.
- Describe and demonstrate how to perform a soft mist inhaler procedure.
- Understand and apply the "seven rights" of drug administration.
- Understand the application and delivery of various aerosol medications.
- Understand and apply Occupational Safety & Health Administration (OSHA) guidelines.
- Describe and demonstrate the correct post-procedure considerations.
- Define and demonstrate correct recording and reporting procedures.
- Define and use related medical terminology.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

### Table of contents

#### Introduction

Step 1 - Module introduction and expectations

Step 2 - Preparation

Step 2.1 - Equipment preparation

Step 2.1.1 - Metered Dose Inhaler (MDI)

Step 2.1.2 - Dry Powder Inhaler (DPI)

Step 2.1.3 - Soft Mist Inhaler (SMI)

Step 2.2 - Patient preparation

Step 2.3 - Medical professional preparation

Step 3 - Perform inhaler administration protocols

Step 3.1 - Perform Metered Dose Inhaler (MDI) administration protocol

Step 3.1.1 - Instruct the patient on how to properly use the metered dose inhaler

Step 3.1.2 - Have the patient practice using the metered dose inhaler

Step 3.2 - Perform Dry Powder Inhaler (DPI) administration protocol

Step 3.3 - Perform Soft Mist Inhaler (SMI) administration protocol

Step 4 - Documentation



# **Arterial Blood Gas Procedures and Interpretation**

### Description

This module provides knowledge in the proper steps to perform an arterial blood gas test and how to interpret the results.

## Learning objectives

- Describe the pre-procedure considerations for arterial blood gas sampling.
- Describe and demonstrate how to examine the status of a pulse before commencing a blood gas procedure.
- Apply interpretation protocols to arterial blood gas sampling.
- Identify and understand when and how to interpret an Allen's test.
- Describe and demonstrate the procedure for interpreting an Allen's test:
- positioning of the patient
- cleansing of the puncture site
- the angle of needle entry
- the depth of needle insertion
- collection of the sample
- removal of the needle and application of pressure at the puncture site
- placement of the sample in ice
- Understand and apply Occupational Safety & Health Administration (OSHA) guidelines.
- Describe and demonstrate the correct post-procedure considerations.
- Define and demonstrate correct recording and reporting procedures.
- Define and use related medical terminology.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

### Table of contents

#### Introduction

- Step 1 Module introduction and expectations
- Step 2 Preparation
  - Step 2.1 Equipment preparation
  - Step 2.2 Patient preparation
  - Step 2.3 Medical professional preparation
- Step 3 Perform arterial blood sampling
  - Step 3.1 Radial artery
- Step 4 Transport arterial blood sample
- Step 5 Document the procedure
- Step 6 Interpret arterial blood sample results
  - Step 6.1 Document the pH balance
  - Step 6.2 Analyze the respiratory mechanism
  - Step 6.3 Analyze the metabolic mechanism
  - Step 6.4 Interpretation



# **Assist with Bronchoscopy Procedure**

## Description

This module explains the proper steps to perform a bronchoscopy procedure.

## Learning objectives

- Describe the pre-procedure considerations for bronchoscopy.
- Describe and demonstrate how to assist with a bronchoscopy procedure.
- Describe and demonstrate how to monitor the equipment and patient during and after the procedure.
- Understand proper medication delivery.
- Understand and apply Occupational Safety & Health Administration (OSHA) guidelines.
- Describe and demonstrate the correct post-procedure considerations.
- Define and demonstrate correct recording and reporting procedures.
- Define and use related medical terminology.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

#### Table of contents

#### Introduction

Step 1 - Module introduction and expectations

Step 2 - Preparation

Step 2.1 - Equipment preparation

Step 2.1.1 - Bronchoscopy equipment

Step 2.1.2 - Monitoring equipment

Step 2.1.3 - Procedure room equipment

Step 2.1.4 - Medications

Step 2.2 - Patient preparation

Step 2.3 - Medical professional preparation

Step 3 - Assist with bronchoscopy procedure

Step 3.1 - Prepare anesthesia

Step 3.2 - Prepare airway for bronchial scope

Step 3.3 - Assist with bronchoscope procedure

Step 4 - Process specimens and monitor the patient

Step 5 - Complete the procedure



# Oxygen Administration Equipment Recognition

## Description

This module provides knowledge of the various types of oxygen administration devices available to healthcare professionals and the appropriate use of each.

## Learning objectives

- Describe pre-procedure considerations for various types of oxygen administration equipment.
- Describe and demonstrate the proper assembly of various types of oxygen administration equipment.
- Identify the appropriate oxygen administration equipment based on patient conditions and evaluations.
- Define and use related medical terminology.
- Understand Occupational Safety and Health Administration (OSHA) guidelines.
- Understand correct post-procedure considerations.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

### Table of contents

#### Introduction

Step 1 - Module introduction and expectations

Step 2 - Tissue oxygenation and assessment

Step 2.1 - Tissue oxygenation

Step 2.2 - Tissue hypoxia

Step 2.3 - Clinical signs and symptoms

Step 3 - Oxygen administration techniques

Step 3.1 - Indications for oxygen therapy

Step 3.2 - Oxygen delivery device selection

Step 3.3 - Oxygen delivery device features

Step 3.3.1 - Nasal cannula

Step 3.3.2 - Simple mask

Step 3.3.3 - Partial rebreather mask

Step 3.3.4 - Non-rebreather mask

Step 3.3.5 - Tracheostomy mask

Step 3.3.6 - Air entrainment mask

Step 3.3.7 - High-flow nasal cannula

Step 4 - Review



# **Perform Oxygen Administration Protocols**

### Description

This module provides knowledge of how to perform oxygen assessments to ensure a therapeutic level of oxygen is being delivered in a safe manner.

## Learning objectives

- Describe pre-procedure considerations for various types of oxygen administration equipment.
- Describe and demonstrate the proper assembly of various types of oxygen administration equipment.
- Identify the appropriate oxygen administration equipment based on patient conditions and evaluations.
- Identify patient 'sats' (oxygen saturation levels) that require adjusted oxygen treatment methods.
- Define and use related medical terminology.
- Understand Occupational Safety and Health Administration (OSHA) guidelines.
- Understand correct post-procedure considerations.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

### Table of contents

#### Introduction

Step 1 - Module introduction and expectations

Step 2 - Tissue oxygenation and assessment

Step 2.1 - Tissue oxygenation

Step 2.2 - Tissue hypoxia

Step 2.3 - Clinical signs and symptoms

Step 3 - Oxygen administration techniques

Step 3.1 - Indications for oxygen therapy

Step 3.2 - Oxygen delivery device selection

Step 3.3 - Oxygen delivery device features

Step 3.3.1 - Nasal cannula

Step 3.3.2 - Simple mask

Step 3.3.3 - Partial rebreather mask

Step 3.3.4 - Non-rebreather mask

Step 3.3.5 - Tracheostomy mask

Step 3.3.6 - Air entrainment mask

Step 3.3.7 - High-flow nasal cannula

Step 4 - Proper steps for applying oxygen administration devices

Step 4.1 - Apply nasal cannula

Step 4.2 - Apply simple mask

Step 4.3 - Apply partial rebreather mask

Step 4.4 - Apply non-rebreather mask

Step 4.5 - Apply air entrainment mask

Step 4.6 - Apply high-flow nasal cannula

Step 5 - Patient monitoring and documentation

Step 5.1 - Monitor the patient

Step 5.2 - Chart documentation



# **Perform Pulmonary Function Testing**

### Description

This module provides knowledge in the various tests used to measure the functions of the lungs.

### Learning objectives

- Describe pre-procedure considerations for a spirometry test.
- Describe pre-procedure considerations for a lung plethysmography test.
- Describe and demonstrate how to perform a spirometry test in an outpatient setting.
- Describe and demonstrate how to perform a spirometry test in an inpatient setting.
- Describe and demonstrate how to perform a lung plethysmography test.
- Understand and apply Occupational Safety & Health Administration (OSHA) guidelines.
- Understand and apply the "seven rights" of drug administration.
- Describe and demonstrate the correct post-procedure considerations.
- Define and demonstrate correct recording and reporting procedures.
- Define and use related medical terminology.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

#### Table of contents

#### Introduction

Step 1 - Module introduction and expectations

Step 2 - Preparation

Step 2.1 - Equipment preparation

Step 2.1.1 - Spirometry

Step 2.1.2 - Lung plethysmography

Step 2.2 - Patient preparation

Step 2.3 - Medical professional preparation

Step 3 - Perform spirometry test

Step 3.1 - Outpatient spirometry test

Step 3.1.1 - Position the patient

Step 3.1.2 - Practice the maneuver

Step 3.1.3 - Perform the forced volume capacity test

Step 3.2 - Perform inpatient spirometry test

Step 3.2.1 - Verify the patient's identifiers and the patient history

Step 3.2.2 - Position the patient

Step 3.2.3 - Practice the maneuver

Step 3.2.4 - Perform the forced volume capacity test

Step 3.3 - Document the procedure

Step 4 - Perform lung plethysmography

Step 4.1 - Verify the patient identifiers and history

Step 4.1.1 - Position the patient

Step 4.1.2 - Instruct the patient for lung plethysmography measurements

Step 4.2 - Complete the procedure



## **Proper Airway Procedures During Respiratory Care**

## Description

This module provides knowledge on how to perform proper airway procedures to ensure adequate ventilation and oxygenation in a patient.

## Learning objectives

- Describe pre-procedure considerations for a spirometry test.
- Describe pre-procedure considerations for a lung plethysmography test.
- Describe and demonstrate how to perform a spirometry test in an outpatient setting.
- Describe and demonstrate how to perform a spirometry test in an inpatient setting.
- Describe and demonstrate how to perform a lung plethysmography test.
- Understand and apply Occupational Safety & Health Administration (OSHA) guidelines.
- Understand and apply the "seven rights" of drug administration.
- Describe and demonstrate the correct post-procedure considerations.
- Define and demonstrate correct recording and reporting procedures.
- Define and use related medical terminology.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

### Table of contents

#### Introduction

- Step 1 Module introduction and expectations
- Step 2 Preparation
  - Step 2.1 Equipment preparation
  - Step 2.2 Patient preparation
  - Step 2.3 Medical professional preparation
- Step 3 Perform airway procedures
  - Step 3.1 Perform proper intubation procedure
  - Step 3.2 Perform adult extubation
  - Step 3.3 Perform tracheostomy care
    - Step 3.3.1 Perform tracheostomy cleaning
- Step 4 Monitor the patient
  - Step 4.1 Monitor adult patient after intubation
  - Step 4.2 Monitor adult patient who has received tracheostomy care
  - Step 4.3 Monitor adult patient after extubation
- Step 5 Complete the procedure



# **Proper Suctioning Procedures During Respiratory Care**

## Description

This module provides knowledge on how to perform various types of suctioning procedures.

## Learning objectives

- Describe the pre-procedure considerations for nasotracheal suctioning.
- Describe and demonstrate how to perform nasotracheal suctioning.
- Describe the pre-procedure considerations for tracheal suctioning.
- Describe and demonstrate how to perform tracheal suctioning and placement procedures.
- Describe the pre-procedure considerations for endotracheal suctioning.
- Describe and demonstrate how to perform endotracheal suctioning and placement procedures.
- Describe the pre-procedure considerations for feeding tube suctioning.
- Describe and demonstrate how to perform feeding tube suctioning.
- Understand and apply Occupational Safety & Health Administration (OSHA) guidelines.
- Describe and demonstrate the correct post-procedure considerations.
- Define and demonstrate correct recording and reporting procedures.
- Define and use related medical terminology.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

## Table of contents

#### Introduction

Step 1 - Module introduction and expectations

Step 2 - Preparation

Step 2.1 - Equipment preparation

Step 2.1.1 - Nasogastric suctioning procedure equipment

Step 2.1.2 - Endotracheal and tracheostomy suctioning procedure equipment

Step 2.1.3 - Endotracheal tube and tracheal tube change and cleaning equipment

Step 2.2 - Patient preparation

Step 2.3 - Medical professional preparation

Step 3 - Perform suctioning procedures

Step 3.1 - Perform nasotracheal suctioning procedure

Step 3.2 - Perform tracheal suctioning procedure

Step 3.2.1 - Tracheal suctioning with a catheter

Step 3.2.2 - Tracheal suctioning with a closed suction device

Step 3.3 - Perform endotracheal tube suctioning

Step 3.4 - Perform nasogastric and orogastric tube suctioning

Step 4 - Monitor the patient

Step 5 - Complete the procedure



# **Proper Ventilation Procedures During Respiratory Care**

## Description

This module provides knowledge on how to perform mechanical ventilation.

## Learning objectives

- Describe the pre-procedure considerations for invasive and non-invasive mechanical ventilation.
- Describe and demonstrate how to perform invasive and non-invasive mechanical ventilation.
- Understand and apply Occupational Safety & Health Administration (OSHA) guidelines.
- Describe and demonstrate the correct post-procedure considerations.
- Define and demonstrate correct recording and reporting procedures.
- Define and use related medical terminology.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

### Table of contents

#### Introduction

- Step 1 Module introduction and expectations
- Step 2 Assess ventilation need and identify appropriate ventilation type
- Step 3 Preparation
  - Step 3.1 Equipment preparation
    - Step 3.1.1 Ventilation modes
  - Step 3.2 Patient preparation
  - Step 3.3 Medical professional preparation
- Step 4 Deliver mechanical ventilation treatment
- Step 5 Monitor ventilation treatment
- Step 6 Complete the procedure