



SIMTICS Dental Assisting Module Outlines



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# Disinfection, Sterilization & Bloodborne Pathogens Part 1: Disease Transmission, Disinfection & Routine Procedures

### **Description**

This module is part of a 2-volume set. Part 1 provides knowledge to the dental assistant who is at risk of exposure to a wide variety of diseases through patients who are treated in the dental office. The dental equipment and treatment room surfaces are often exposed to blood and saliva, and therefore are at risk for becoming contaminated. If proper infection control is not in place, infections can easily be transmitted through the office from the blood or saliva of the patients being treated, as well as the surfaces that are touched. Therefore, infection control and proper disinfection and sterilization procedures must be followed to minimize the risk of disease transmission and provide safety to the dental care workers and the patients they treat.

# **Learning Objectives**

- Describe the purpose and limitations of disinfection.
- Describe the methods of disease transmission.
- Describe the importance of proper hand hygiene.
- Describe personal protective equipment (PPE) and barrier techniques.
- Describe pre-procedure considerations for disinfection.
- Describe and demonstrate the preparation for disinfecting.
- Describe and demonstrate disinfection.
- Describe pre- and post-treatment infection control.
- Know the correct post-procedure considerations following disinfection.
- Define and demonstrate correct recording and reporting procedures.
- Define and use related medical terminology.
- Describe clinical safety according to Occupational Safety and Health Administration (OSHA) guidelines.
- Understand the impact of the State Dental Practice Acts.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patient's Bill of Rights.

#### **Table of Contents**

#### Introduction

Step 1 - Disease Transmission

Step 1.1 - Modes of transmission

Step 1.2 - Cross-contamination

Step 1.3 - Standard precautions

Step 1.4 - Exposure control

Step 1.5 - Hepatitis B vaccination

Step 1.6 - Hepatitis C

Step 1.7 - Herpes

Step 1.8 - HIV

Step 2 - Hand Hygiene, Personal Protective Equipment, and Barrier Techniques



- Step 2.1 Handwashing
- Step 2.2 Personal protective equipment (PPE)
- Step 2.3 Contaminated personal protective equipment
- Step 2.4 Operatory protective surface barriers
- Step 2.5 Common dental patient care item classifications
- Step 3 Disinfection Methods
  - Step 3.1 Treatment room cleaning and disinfection procedures
  - Step 3.2 Disinfectant levels
  - Step 3.3 Disinfectant usage
  - Step 3.4 Disinfection material storage
- Step 4 Waste management
- Step 5 Routine Procedures for Instrument Processing and Operatory
  - Step 5.1 The instrument processing area
  - Step 5.2 Maintenance of the sterilization equipment
  - Step 5.3 Maintenance of the ultrasonic cleaner
  - Step 5.4 Maintenance of the oral evacuation system
  - Step 5.5 Maintenance of dental waterline
  - Step 5.6 Start-of-day procedures
  - Step 5.7 End-of-day procedures



# Disinfection, Sterilization & Bloodborne Pathogens Part 2: Sterilization

### **Description**

This module is part of a 2-volume set. Part 2 provides knowledge to the dental assistant who is at risk of exposure to a wide variety of diseases through patients who are treated in the dental office. The dental equipment and treatment room surfaces are often exposed to blood and saliva, and therefore are at risk for becoming contaminated. If proper infection control is not in place, infections can easily be transmitted through the office from the blood or saliva of the patients being treated, as well as the surfaces that are touched. Therefore, infection control and proper disinfection and sterilization procedures must be followed to minimize the risk of disease transmission and provide safety to the dental care workers and patients they treat.

# **Learning Objectives**

- Describe pre-procedure considerations for sterilization.
- Describe and demonstrate the preparation for sterilizing, and protecting against bloodborne pathogens.
- Describe methods of sterilization.
- Describe and demonstrate sterilization procedures.
- Know the correct post-procedure considerations following sterilization.
- Define and demonstrate correct recording and reporting procedures.
- Define and use related medical terminology.
- Describe clinical safety according to Occupational Safety and Health Administration (OSHA) guidelines.
- Understand the impact of the State Dental Practice Acts.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patient's Bill of Rights.

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#### Introduction

Step 1 - Sterilization methods

Step 1.1 - Autoclave sterilization

Step 1.2 - Flash sterilization

Step 1.3 - Dry-heat sterilization

Step 1.4 - Chemical vapor sterilization

Step 1.5 - Cold sterilization

Step 2 - Preparation for sterilizing instruments

Step 2.1 - Transporting instruments for sterilization

Step 2.2 - Pre-cleaning instruments

Step 2.3 - Packaging instruments

Step 3 - Sterilizing process

Step 3.1 - Autoclave sterilization process

Step 3.2 - Flash sterilization process



- Step 3.3 Dry-heat sterilization process
- Step 3.4 Chemical vapor sterilization process
- Step 3.5 Cold sterilization process
- Step 3.6 Instrument storage after sterilization
- Step 4 Quality assurance and sterile process monitoring
  - Step 4.1 Chemical monitoring
  - Step 4.2 Physical monitoring
  - Step 4.3 Biological monitoring
  - Step 4.4 Sterilization failure



# **Assist with Anesthetic Delivery**

### **Description**

The use of anesthesia has become an important part of dental practice and has been fundamental in offering oral healthcare to individuals who may have otherwise been left untreated. This module discusses a variety of pain and anxiety control procedures that are available for use in dentistry. The most commonly used method of pain control is local anesthetic agents, which have been essential in decreasing pain and discomfort during dental treatment. Local anesthetics help manage pain by injecting an anesthetic solution near the nerve where dental treatment is to take place. This module explains the dental assistant's role in knowing and understanding the various anesthetic solutions and techniques used when administering local anesthesia. The dental assistant will also understand how to properly prepare, safely transfer, and care for the aspirating syringe and other items needed for the procedure.

### **Learning Objectives**

- List and describe the most common methods of anesthesia in dental practice.
- Describe pre-procedure considerations for anesthetic delivery.
- Describe and demonstrate the preparation for anesthetic delivery.
- Explain the technique for preparing anesthetic for delivery.
- Demonstrate the role of the dental assistant in delivery of anesthetic in the dental practice.
- Understand the common clinical scenarios where anesthetic is utilized.
- Explain the post-procedure process for anesthetic delivery.
- Know the correct post-procedure considerations.
- Define and demonstrate correct recording and reporting procedures.
- Define and use related medical terminology.
- Understand the impact of the state Dental Practice Act.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patient's Bill of Rights.

#### **Table of Contents**

### Introduction

Step 1 - Preparation

Step 1.1 - Dental assistant preparation

Step 1.2 - Patient preparation

Step 1.3 - Setup of topical anesthetic

Step 2 - Procedure

Step 2.1 - Apply topical anesthetic

Step 2.2 - Prepare aspirating syringe

Step 2.3 - Deliver aspirating syringe

Step 3 - Post-Operative Instructions

Step 3.1 - Post-operative care

Step 3.2 - Patient recovery

Step 4 - Complete the Procedure



- Step 4.1 Discard materials
- Step 4.2 Complete the documentation
- Step 4.3 Disinfect equipment and work area
- Step 4.4 Remove your gloves and wash your hands



# **Assist with Minor Oral Surgery**

### **Description**

This module provides knowledge in minor oral surgery during dental treatment. Minor oral surgery refers to procedures which can be performed by general dentists under light anesthesia and typically within 30 minutes or less. These procedures often pertain to the extraction of broken or impacted teeth.

The dental assistant plays a crucial role in aiding the dentist to ensure a safe and successful procedure. This includes preparing necessary materials, ensuring all equipment is properly functioning, efficiently handing off to the dentist the needed tools to complete the procedure and ensuring the patient's comfort through the procedure.

### **Learning Objectives**

- Describe the pre-procedure considerations for minor oral surgery.
- Describe and demonstrate the preparation for minor oral surgery.
- Understand minor surgical tray set-up and recognize common instruments included.
- Demonstrate the Dental Assistant's role during minor surgical procedures.
- Explain the post-procedure process for minor surgical procedures.
- Describe correct post-procedure considerations.
- Describe correct recording and reporting procedures.
- Define and correctly use related medical terminology.
- Describe clinical safety according to Occupational Safety and Health Administration (OSHA) guidelines.
- Describe the purpose of the state Dental Practice Act and its relevance for dental assistants.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patient's Bill of Rights.

#### **Table of Contents**

Step 1 - Preparation

Step 1.1 - Equipment preparation

Step 1.2 - Dental assistant preparation

Step 1.3 - Patient preparation

Step 2 - Minor oral surgery procedure

Step 2.1 - Minor surgical procedure for simple extraction

Step 2.2 - Minor surgical procedure for extraction of impacted tooth

Step 3 - Post-operative care

Step 3.1 - Post-procedure care

Step 3.2 - Patient recovery

Step 4 - Complete the procedure

Step 4.1 - Discard materials

Step 4.2 - Complete the documentation



Step 4.3 - Disinfect equipment and work area

Step 4.4 - Remove your gloves and wash your hands



# **Assist with Routine Patient Exam**

### **Description**

This course explains the dental assistant's role during a patient exam, including an understanding of basic charting needs, advanced preparation by obtaining and reviewing the patient's records, having knowledge of the upcoming procedure and ensuring all supplies and equipment are ready for use.

# **Learning Objectives**

- Describe pre-procedure considerations for a routine patient exam.
- Describe and demonstrate the preparation for a routine patient exam.
- Describe and demonstrate proper tray setup.
- Describe and demonstrate the correct procedures for collecting a patient's medical and dental history.
- Describe and demonstrate the proper charting of a patient's records.
- Explain the basic principles of four-handed dentistry.
- Describe and demonstrate the correct procedures for periodontal charting.
- Identify and demonstrate the use of radiographs.
- Describe the correct post-procedure considerations.
- Define and demonstrate the correct recording and reporting procedures.
- Define and correctly use related medical terminology.
- Describe clinical safety according to OSHA guidelines.
- Understand the impact of the state Dental Practice Act.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patient's Bill of Rights.

#### **Table of Contents**

#### Step 1 - Preparation

Step 1.1 - Equipment preparation

Step 1.2 - Dental assistant preparation

Step 1.3 - Patient preparation

Step 1.4 - Radiographs

Step 1.5 - Electronic dental records

Step 1.6 - Paper dental records

Step 2 - Assist with Patient Exam

Step 2.1 - Instrument transfer to the dentist

Step 3 - Dental Charting

Step 3.1 - Charting

Step 3.2 - Periodontal Numbers

Step 4 - Pediatric Exam

Step 4.1 - Pediatric Dentistry

Step 4.2 - Pediatric Patient Preparation

Step 4.3 - Pediatric Exam and Charting Procedures

Step 4.4 - Treating a Fearful Pediatric Patient

Step 5 - Complete the procedure

Step 5.1 - Dismiss the patient and complete documentation

Step 5.2 - Discard materials



# Step 5.3 - Disinfect equipment and treatment area



# **Assist with Amalgam Restoration**

### **Description**

This module provides knowledge in amalgam restoration. Amalgam restoration refers to the application of mercury-based compounds for the treatment of decayed teeth. These fillers may also include tin, copper, and silver, and are often dentists' material of choice for use in posterior (back) teeth, because of their ability to better withstand the greater pressures exerted on the back teeth when chewing.

There are three principal stages in the amalgam restoration process, each of which is covered in detail in this module. This includes the trituration and transfer of the amalgam after the tooth has been prepared, tooth carving and tooth contouring and burnishing.

## **Learning Objectives**

- Describe the pre-procedure considerations for amalgam restoration.
- Describe and demonstrate the preparation for amalgam restoration.
- Explain the technique for amalgam restoration and demonstrate the Dental Assistant's role in the process.
- Explain the composition, use, and delivery of the materials used for amalgam restoration:
  - tooth prep
  - trituration
  - o amalgam load
- Demonstrate the dental assistant's role in the Contour and Burnish process:
  - tooth carving
  - checking for occlusion
- Explain the post-procedure process for amalgam restoration.
- Describe correct post-procedure considerations.
- Describe correct recording and reporting procedures.
- Define and correctly use related medical terminology.
- Describe clinical safety according to Occupational Safety and Health Administration (OSHA) guidelines.
- Describe the purpose of the state Dental Practice Act and its relevance for dental assistants.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

#### **Table of Contents**

#### Introduction

Step 1 - Preparation

Step 1.1 - Equipment preparation

Step 1.2 - Dental assistant preparation

Step 1.3 - Patient preparation

Step 2 - Procedure



Step 2.1 - Preparing the tooth

Step 2.2 - Mix and transfer the amalgam

Step 2.3 - Tooth carving

Step 2.4 - Tooth contour and burnish

Step 3 - Post-procedure care

Step 3.1 - Post-procedure care

Step 3.2 - Patient recovery

Step 4 - Complete the procedure

Step 4.1 - Discard materials

Step 4.2 - Complete the documentation

Step 4.3 - Disinfect equipment and work area

Step 4.4 - Remove your gloves and wash your hands



# **Assist with Composite Restoration**

### **Description**

This module provides knowledge in composite restoration. Composite restoration refers to the application of composite resins for the treatment of decayed teeth. The procedure enhances the cosmetic appearance of the teeth, helps to restore tooth anatomy and functionality, and helps to prevent the complications associated with dental caries (cavities), including tooth and bone loss and infection.

There are three principal stages in the restoration process, each of which is covered in detail in this module. This includes acid etching the enamel after the tooth has been prepared, placing the bonding agent and placing the composite resin.

## **Learning Objectives**

- Describe the pre-procedure considerations for composite restoration.
- Describe and demonstrate the preparation for composite restoration.
- Explain the technique for composite restoration and demonstrate the dental assistant's role in the process.
- Explain the composition, use, and delivery of the materials used for composite restoration:
  - acid etch
  - o bonding agent
  - o composite resin
- Demonstrate the dental assistant's role in the contour and polish process, and in checking for occlusion.
- Explain the post-procedure process for composite restoration.
- Describe correct post-procedure considerations.
- Describe correct recording and reporting procedures.
- Define and correctly use related medical terminology.
- Describe clinical safety according to Occupational Safety and Health Administration (OSHA) guidelines.
- Describe the purpose of the state Dental Practice Act and its relevance for dental assistants.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patient's Bill of Rights.

#### **Table of Contents**

#### Introduction

Step 1 - Preparation

Step 1.1 - Equipment preparation

Step 1.2 - Dental assistant preparation

Step 1.3 - Patient preparation

Step 2 - Composite Procedure

Step 2.1 - Shade Matching



Step 2.2 - Preparing the Tooth

Step 2.3 - Acid etch delivery

Step 2.4 - Bonding agent delivery

Step 2.5 - Composite resin delivery Step 2.6 - Contour and Polish the Restoration

Step 3 - Complete the procedure

Step 3.1 - Administer patient rinse

Step 3.2 - Patient dismissal Step 3.3 - Final chart and notes



# **Dental Charting**

### **Description**

This module provides knowledge about dental charting procedures.

## **Learning Objectives**

- Explain the purpose of dental charting.
- Detail the differences in tooth diagrams, including anatomical and geometric charting using the Universal/National Numbering System.
- Choose the appropriate surfaces and classifications for existing and planned restorations.
- Choose the appropriate surfaces and classifications for existing conditions.
- Apply the techniques of dental charting, including appropriate color coding.
- Apply the steps in periodontal charting.
- Describe clinical safety precautions concerning dental impressions according to Occupational Safety and Health Administration (OSHA) guidelines.
- Describe the purpose of the state Dental Practice Act and its relevance for dental assistants.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

#### **Table of Contents**

#### Introduction

Step 1 - Preparation

Step 1.1 - Equipment preparation

Step 1.2 - Dental assistant preparation

Step 1.3 - Patient preparation

Step 2 - Dental charting

Step 2.1 - Explain procedure to patient

Step 2.2 - Prepare the dental chart

Step 2.3 - Record the findings on the dental chart

Step 2.4 - Complete procedure

Step 3 - Periodontal charting

Step 3.1 - Explain the procedure to the patient

Step 3.2 - Record measurements

Step 3.3 - Complete the procedure



# Dental Radiology 1: Paralleling Technique

## **Description**

This module is part of a 2-volume set. Part 1 explains the dental assistant's role in dental radiography procedures; including bitewing and periapical full mouth series radiographs, utilizing the paralleling technique. The paralleling technique is the most commonly used technique for exposing periapical and bitewing radiographs because it creates the most accurate representation of a tooth image. It refers to the receptor being positioned parallel to the full length (long axis) of the tooth being radiographed. The central x-ray beam is then aligned perpendicular to the tooth being radiographed. Film holding devices, such as the XCP (extension-cone paralleling) device are explained in this module, along with the 5 basic rules for performing the paralleling technique.

# **Learning Objectives**

- Describe pre-procedure considerations for dental radiography procedures utilizing the paralleling technique.
- Describe and demonstrate the preparation for dental radiography procedures utilizing the paralleling technique.
- Understand radiation safety protocols for dental radiography procedures.
- Demonstrate the correct placement and exposure of bitewing radiographs utilizing beam alignment devices for both films and digital sensors.
- Demonstrate the correct placement and exposure of a full mouth series of radiographs utilizing the paralleling technique with beam alignment devices for both films and digital sensors.
- Understand the correct procedures for processing film.
- Understand concepts of mounting radiographs.
- Know the correct post-procedure considerations.
- Define and demonstrate correct recording and reporting procedures.
- Define and use related medical terminology.
- Describe clinical safety according to Occupational Safety and Health Administration (OSHA) guidelines.
- Understand the impact of the state Dental Practice Act.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patient's Bill of Rights.

#### **Table of Contents**

#### Introduction

Step 1 - Preparation

Step 1.1 - Equipment preparation

Step 1.2 - Dental assistant preparation

Step 1.3 - Patient preparation

Step 2 - Bitewing radiograph procedure

Step 2.1 - Film placement and exposure

Step 2.2 - End of procedure

Step 3 - Full-mouth radiograph procedure



Step 3.1 - Film placement and exposure

Step 4 - Complete the procedure

Step 4.1 - Post-procedure steps

Step 4.2 - Film processing

Step 4.2.1 - Darkroom procedures

Step 4.2.2 - Automatic processing

Step 4.2.3 - Manual processing

Step 4.3 - Radiograph mounting



# Dental Radiology 2: Bisecting Technique

### **Description**

This module is part of a 2-volume set. Part 2 explains the dental assistant's role in dental radiography procedures, including bitewing and full mouth radiographs utilizing the bisection of the angle technique (bisecting technique). The bisecting technique refers to the placement of the film and the location of the x-ray head in relation to the bisecting angle which is half way between the angle of the x-ray film or sensor and the long axis of the tooth. Film holding devices, such as the XCP (extension-cone paralleling) device are explained in this module, along with the 5 basic rules for performing the bisecting technique.

### **Learning Objectives**

- Describe pre-procedure considerations for dental radiography procedures utilizing the bisecting technique.
- Describe and demonstrate the preparation for dental radiography procedures utilizing the bisecting technique.
- Understand radiation safety protocols for dental radiography procedures.
- Demonstrate the correct placement and exposure of bite wing radiographs utilizing bite tabs and digital sensors.
- Understand how to mount bitewing radiographs.
- Demonstrate the correct placement and exposure of a full mouth series of radiographs utilizing bisecting technique with bite blocks and digital sensors.
- Understand the correct procedures for processing film.
- Understand concepts of mounting radiographs.
- Know the correct post-procedure considerations.
- Define and demonstrate correct recording and reporting procedures.
- Define and use related medical terminology.
- Describe clinical safety per Occupational Safety and Health Administration (OSHA) guidelines.
- Understand the impact of the state Dental Practice Act.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patient's Bill of Rights.

#### **Table of Contents**

#### Introduction

Step 1 - Preparation

Step 1.1 - Equipment preparation

Step 1.2 - Dental assistant preparation

Step 1.3 - Patient preparation

Step 2 - Procedure for bitewing radiographs using bite tabs

Step 2.1 - Film placement and exposure

Step 2.2 - End of procedure

Step 3 - Full-mouth radiograph procedure using the bisecting technique

Step 3.1 - Film placement and exposure

Step 4 - Complete the procedure

Step 4.1 - Post-procedure steps



Step 4.2 - Film processing
Step 4.2.1 - Darkroom procedures
Step 4.2.2 - Automatic processing
Step 4.2.3 - Manual processing
Step 4.3 - Radiograph mounting



# **Assist with Crown and Bridge Procedure**

# **Description**

This module explains the dental assistant's role in understanding and performing a crown and bridge procedure.

# **Learning Objectives**

- Identify pre-procedural considerations for crown and bridge preparation.
- Distinguish between indications for fixed prosthesis.
- Identify fixed bridge components.
- Differentiate between procedural steps for crown and bridge preparation in a simulated setting.
- Justify the rationale for need of post and core build-up in the preparation.
- Review at-home care instructions to patient for the fixed prosthesis.
- Formulate the steps in placing gingival retraction cord in a simulated setting.
- Describe clinical safety according to Occupational Safety and Health Administration (OSHA) guidelines.
- Describe the purpose of the state Dental Practice Act and its relevance for dental assistants.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

#### **Table of Contents**

#### Introduction

Step 1 - Preparation

Step 1.1 - Equipment preparation

Step 1.2 - Dental assistant preparation

Step 1.3 - Patient preparation

Step 2 - Procedure

Step 2.1 - Preliminary impression

Step 2.2 - Preparing the tooth

Step 2.2.1 - Placing gingival retraction cord

Step 2.3 - Final impression

Step 2.3.1 - Forms of materials

Step 2.3.2 - Ready impression materials

Step 2.3.3 - CAD impressioning

Step 2.3.4 - Evaluate final impression

Step 2.3.5 - Disinfecting impressions

Step 2.3.6 - Occlusal registration

Step 2.4 - Provisional coverage

Step 2.4.1 - Categories of provisional coverage

Step 2.4.2 - Cementation of provisional coverage

Step 2.4.3 - Homecare instructions

Step 3 - Complete the procedure

Step 3.1 - Complete the documentation

Step 3.2 - Dismiss the patient

Step 3.3 - Discard materials

Step 3.4 - Disinfect equipment and treatment area



# **Assist with Root Canal Therapy**

### **Description**

This module explains the dental assistant's role in how to prepare for and assist in a root canal therapy procedure.

# **Learning Objectives**

- Apply the steps of assisting in electric pulp vitality testing.
- Apply a dental dam prior to root canal therapy in a simulated exercise.
- List the instruments and supplies needed to place a dental dam prior to root canal therapy.
- Identify which armamentarium (instruments, burs, files, etc.) to use in root canal therapy.
- List materials and medicaments used in root canal therapy.
- Apply the steps in an anterior root canal in a simulated exercise.
- Apply the steps in a posterior root canal in a simulated exercise.
- Describe clinical safety precautions concerning dental impressions according to Occupational Safety and Health Administration (OSHA) guidelines.
- Describe the purpose of the state Dental Practice Act and its relevance for dental assistants.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

#### **Table of Contents**

#### Introduction

Step 1 - Preparation

Step 1.1 - Equipment preparation

Step 1.2 - Dental assistant preparation

Step 1.3 - Patient preparation

Step 2 - Electric pulp vitality testing

Step 2.1 - Explain procedure to patient

Step 2.2 - Identify control tooth to be compared to suspect tooth

Step 2.3 - Pulp testing

Step 2.4 - Complete procedure

Step 3 - Root canal therapy for anterior and posterior teeth

Step 3.1 - Explain procedure to patient

Step 3.2 - Placing dental dam

Step 3.3 - Performing root canal therapy

Step 4 - Complete the procedure

Step 4.1 - Dismiss the patient

Step 4.2 - Discard materials

Step 4.3 - Disinfect equipment and treatment area

Step 4.4 - Complete the documentation



# **Dental Impressions**

## **Description**

This module provides knowledge on how to prepare for and take dental impressions.

# **Learning Objectives**

- Describe pre-procedure considerations for dental impressions with alginate.
- Distinguish among types of impression trays and their different uses.
- Apply the standards for the preparation of materials for alginate dental impressions and digital impressions.
- Demonstrate proper mixing technique of dental alginate.
- Differentiate between a proper consistency mix of alginate and an improper mix.
- Practice the proper technique in taking of both maxillary and mandibular alginate impressions in a simulated setting.
- Apply proper techniques for digital impressions.
- Differentiate between a good and a poor dental impression.
- Describe clinical safety precautions concerning dental impressions according to Occupational Safety and Health Administration (OSHA) guidelines.
- Describe the purpose of the state Dental Practice Act and its relevance for dental assistants.
- Explain the Patient Privacy Rule (HIPAA), Patient Safety Act, and Patients' Bill of Rights.

#### **Table of Contents**

#### Introduction

Step 1 - Preparation

Step 1.1 - Equipment preparation

Step 1.2 - Dental assistant preparation

Step 1.3 - Patient preparation

Step 2 - Procedure

Step 2.1 - Explain procedure to patient

Step 2.2 - Selection of trays

Step 2.3 - Mixing alginate

Step 2.4 - Taking mandibular impression

Step 2.4.1 - Loading mandibular tray

Step 2.4.2 - Seating mandibular tray

Step 2.4.3 - Removal of mandibular tray

Step 2.5 - Taking maxillary impression

Step 2.5.1 - Loading maxillary tray

Step 2.5.2 - Removal of maxillary tray

Step 2.6 - Evaluating impressions

Step 2.7 - Disinfecting impressions



Step 2.8 - Digital impressions

Step 3 - Complete the procedure

Step 3.1 - Dismiss the patient

Step 3.2 - Discard materials

Step 3.3 - Disinfect equipment and treatment area

Step 3.4 - Complete the documentation



# **DA Professional Skills – Communication**

### **Description**

This module provides knowledge on how to communicate professionally as a dental assistant.

### **Learning Objectives**

- Identify how to communicate with patients in the front office.
- Identify how to communicate with patients in the dental operatory.
- Apply professional communication techniques while speaking to patients on the telephone.
- Develop an effective communication style, including appropriate body language.
- Communicate in written form.
- Restate patient communications to demonstrate understanding.
- Apply listening skills in a role-play or simulation exercise.
- Analyze own communication skills for areas of improvement.
- Relate to co-workers using effective communication skills.
- Demonstrate effective communication with a dentist.

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#### Introduction

- Step 1 Nonverbal communication
  - Step 1.1 Nonverbal communication with patients
  - Step 1.2 Nonverbal communication with dentists
  - Step 1.3 Nonverbal communication with co-workers
  - Step 1.4 Nonverbal communication with non-patients
- Step 2 Verbal communication
  - Step 2.1 Verbal communication with patients
  - Step 2.2 Verbal communication with dentists
  - Step 2.3 Verbal communication with co-workers
  - Step 2.4 Verbal communication with non-patients
- Step 3 Listening
  - Step 3.1 Listening to patients
  - Step 3.2 Listening to dentists
  - Step 3.3 Listening to co-workers
  - Step 3.4 Listening to non-patients
- Step 4 Written communication
  - Step 4.1 Written communication with patients
  - Step 4.2 Written communication with dentists
  - Step 4.3 Written communication with co-workers
- Step 5 Improving your communication style
  - Step 5.1 Improving written communication
  - Step 5.2 Best practices for communicating with patients
  - Step 5.3 Charting and communicating with other professionals
- Step 6 Confirming listener understanding
  - Step 6.1 Giving instructions to patients



Step 6.2 - Communication from dentists or other team members

# DA Professional Skills – Dental Ethics and Legal Considerations

### **Description**

This module provides knowledge on how to practice professional ethics as a dental assistant.

## **Learning Objectives**

- Determine actions that are within your scope of practice to actively participate in delivery of a quality dental care experience.
- Differentiate between legal, ethical, and moral issues affecting dental care.
- Recognize the impact personal morals have on the delivery of ethical dental care.
- Demonstrate keeping patient information private and confidential, as required by law.
- Honor dignity of patients and co-workers through treatment of the person as a whole.
- Demonstrate acceptance of differences in patients and co-workers through just treatment of all.
- Advocate for growth in professional skills by providing health and well-being services to the community and by joining professional associations.
- Apply ethical principles and appropriate steps for solving an ethical dilemma.
- Describe basic laws that pertain to dentistry, including the role of state practice acts, to determine and guide the dental assistant's roles and responsibilities in the presence or absence of the dentist.

### **Table of Contents**

#### Introduction

Step 1 - Ethics

Step 1.1 - Code of ethics

Step 1.2 - Morals, ethics, and laws

Step 2 - Integrity

Step 3 - Confidentiality

Step 4 - Respect

Step 4.1 - Treating the whole person

Step 4.2 - Creating a safe and comfortable environment

Step 4.3 - Treating co-workers with dignity

Step 5 - Ethical decision-making

Step 5.1 - Beneficence

Step 5.2 - Non-maleficence

Step 5.3 - Autonomy

Step 5.4 - Justice

Step 5.5 - Veracity

Step 6 - Values

Step 7 - Professional behavior

Step 8 - Laws affecting the dental office

Step 8.1 - Scope-of-practice laws



# DA Professional Skills - Teamwork

## **Description**

This module provides knowledge on how to work well with a team as a dental assistant.

# **Learning Objectives**

- Recognize how to work with others in a respectful way.
- Express what it means to be committed.
- Determine what duties are assigned to whom.
- Identify the hierarchy of the office and its team members.
- Demonstrate what it means to contribute to the team.
- Apply conflict resolution tactics.

#### **Table of Contents**

#### Introduction

Step 1 - What does teamwork look like for a dental assistant?

Step 1.1 - Respecting yourself

Step 1.2 - Disagreeing with co-workers

Step 1.3 - Commitment

Step 2 - Knowing the roles in the office

Step 2.1 - Creating a working system

Step 2.2 - Working together

Step 3 - Understanding hierarchy

Step 3.1 - Getting support

Step 4 - Learning to be a contributor

Step 5 - Applying conflict resolution tactics

Step 5.1 - Settling disputes



# DA Professional Skills – Time Management

### **Description**

This module provides knowledge on how to practice effective time management skills as a dental assistant.

# **Learning Objectives**

- Demonstrate the importance of time management.
- Demonstrate tools and techniques of time management.
- Assess own time management abilities.
- Implement processes for improving efficiency.
- Prepare for the workday, recognizing and developing habits that provide best practices.
- Manage the workday according to a plan.
- Predict how to best support dentists.
- Predict how to best support patients.
- Define when to delegate tasks and ask for help.
- Select what tasks can be multitasked.

#### **Table of Contents**

#### Introduction

- Step 1 Time management from a dental assistant's perspective
  - Step 1.1 Front office time management for the dental assistant
  - Step 1.2 Back office time management for the dental assistant
- Step 2 Techniques and tools of time management
  - Step 2.1 Breaking down tasks
  - Step 2.2 Prioritizing
  - Step 2.3 Streamlining tasks
- Step 3 Procrastination
  - Step 3.1 Reasons for procrastination
  - Step 3.2 Strategies for fighting procrastination
- Step 4 Skills for improving efficiency
  - Step 4.1 Creating a routine
  - Step 4.2 Using office systems
  - Step 4.3 Working with others
  - Step 4.4 Multitasking
- Step 5 Preparing for the day
- Step 6 Time management during the workday
  - Step 6.1 Managing patient communication
  - Step 6.2 Managing colleague communication
  - Step 6.3 Documentation
- Step 7 Anticipating dentists' needs
  - Step 7.1 Ensure that all supplies are stocked and ready
  - Step 7.2 Reviewing the schedule
- Step 8 Delegating tasks
  - Step 8.1 The importance of delegating
  - Step 8.2 Knowing when to ask for help



# **Comprehensive Review Modules**

These modules contain collections of simulation scenarios and quiz questions from related modules, and are designed for students to review what they have learned from the other modules listed in this document.

There are 5 of these comprehensive review modules:

- 1. Comprehensive Review: Disinfection, Sterilization & Bloodborne Pathogens
  - Disease transmission, general procedures and disinfection
  - Sterilization
- 2. Comprehensive Review: Chairside Procedures 1
  - Assist with Patient Exam and Dental Charting
  - Assist with Anesthetic Delivery
- 3. Comprehensive Review: Chairside Procedures 2
  - Assist with Composite Restoration
  - Assist with Amalgam Restoration
  - Assist with Minor Oral Surgery
- 4. Comprehensive Review: Radiology
  - Bisecting Technique
  - Parallel Technique
- 5. Comprehensive Quiz Review
  - Quiz questions selected from all DA modules